Welcome to UC Berkeley!

9 - 9:05 AM - Introduction to VSPA
9:05 - 9:40 AM - Campus Resources
9:40 - 9:50 AM - Visitor Responsibilities
10 – 10:30 AM - Postdocs Only
Postdoc UAW Union Presentation:
10:30 – 11 AM - Confidential (Postdocs & Union Only)

**Please post questions in chat.**
Yvette Lane-Newton

Yvette has accepted a leadership position at NYU’s Abu Dhabi campus. Cecilia Fura will serve as the point person during the search for a new director.

Cecilia Fura

As VSPA Senior Manager, Cecilia oversees the daily operations, supervises office staff, and coordinates special projects and initiatives.

Marci Burke

As VSPA Program Coordinator, Marci coordinates VSPA events and manages the appointment process for postdocs and visiting researchers.
Cecilia Fura

As VSPA Senior Manager, Cecilia oversees the daily operations, supervises office staff, and coordinates special projects and initiatives.

Marci Burke

As VSPA Program Coordinator, Marci coordinates VSPA events and manages the appointment process for postdocs and visiting researchers.
We recognize that UC Berkeley sits on the territory of Huichin, the ancestral and unceded land of the Chochenyo Ohlone, the successors of the historic and sovereign Verona Band of Alameda County. This land was and continues to be of great importance to the Ohlone people. We recognize that every member of the Berkeley community has, and continues to benefit from the use and occupation of this land since the institution's founding in 1868. Consistent with our values of community and diversity, we have a responsibility to acknowledge and make visible the university's relationship to Native peoples. By offering this Land Acknowledgement, we affirm Indigenous sovereignty and will work to hold the University of California, Berkeley more accountable to the needs of American Indian and Indigenous peoples.
UC Berkeley’s Research Mission

- Has overall managerial responsibility for Berkeley’s research enterprise
- Seeks to maintain a research environment that fosters creativity, collaboration and community.
- Provides support for campus-wide research efforts
- Advocates for research needs and resources
- Maximizes the benefits of Berkeley’s research to the scholarly community
- Supervises over 50 research units, 6 museums, and 7 field stations
- Administers the flow of research funding to the Berkeley campus
- Oversees the compliance of campus research with federal, state and university regulations
- Facilitates relations between University researchers and private industry for the benefit of society

- Office of the Vice Chancellor for Research
VSPA’s Mission, Vision, & Values

VSPA Mission
We co-create a diverse, vibrant, and inclusive research community by integrating and supporting postdocs and visiting researchers.

VSPA Vision
We are the global leader in advancing the critical role of postdocs and visiting researchers by providing resources and support so they can innovate and change the world.

Values:
- Service-oriented
- Inclusive
- Action-oriented
- Transparent and reliable
- Collaborative
Navigating Key
Campus Services & Resources
Parking & Transportation

Information on the Return to Campus:
pt.berkeley.edu/return2cal

Postdocs Only (Employee) Permits: Daily permits now available:
pt.berkeley.edu/employeeparking

Bear Transit: Daytime and Nighttime Shuttles:
pt.berkeley.edu/beartransit

Real-Time Transit Information: Moovit, Berkeley App, Transit App, Clipper App

Clipper Card now available on Mobile App!

Postdocs Only (Employee Payroll Deduction; with payroll through UC Berkeley): $10 subsidy on orders over $30+
pt.berkeley.edu/payrolldeduction

Clipper START Card (For those who qualify):
Clipperstartcard.com

Night Safety: Shuttles & BearWalk
Nightsafety.berkeley.edu

David Sorrell, Transportation Demand Management Administrator
Email: D.Sorrell@berkeley.edu
Recreational Sports Facility (RSF)

- Visiting Scholars/Postdocs are eligible for a Faculty/Staff membership
  - $60/month with 4-month minimum commitment
  - $670/year - valid 12 months from date of purchase.
  - Only Short Term membership is $250 for 30 days with no commitment.

- Membership includes: RSF access, Lap Swim at Spieker Pool and Golden Bear Pool and Lap Swim/Rec Swim at Strawberry Canyon Pool

- Purchase online. Use Cal 1 Card and green badge to access our facilities.

- Free Day locker included when visiting facilities, bring own towel and lock.

- Membership not required for:
  - Kayak and Paddleboard Rental weekend reservations (no membership required.) $20.00/2-hour rental.
    - Kayak rental can be for you and a guest.
  - Lap Swim at Golden Bear Pool ($15.00/Swim)
  - Lap Swim/Rec Swim at Strawberry Canyon Pool ($15/adult, $5/children)

Questions: Jeffrey Lambert - jrlambert@berkeley.edu
Cal 1 Card - Photo I.D.

Cal 1 Card is your campus identification.

Visit the link below to get your Cal 1 Card:

https://cal1card.berkeley.edu/get-a-cal-1-card/

Main website: https://cal1card.berkeley.edu/

Jorge Martinez
Operations Manager
https://cal1card.berkeley.edu/contact-us/
Career Center - Campus Services

Resources:

- Events, workshops, career fairs
- Career counseling
- Career exploration
- Resume & interview advising
- Internship support
- Job searching

Services are available to Postdocs and Visiting Student Researchers. One-on-one counseling available after 90 days.

http://career.berkeley.edu
How to Access Career Center Services:

- Obtain your @berkeley.edu email address
- Report it to vspa@berkeley.edu.
- Register for Handshake: https://career.berkeley.edu/handshake

Career Center Ph.D. Counselors:
Andrew Green
Debra Behrens
The Ombuds Office for Students and Postdoctoral Appointees is an independent unit that provides strictly confidential, impartial and informal conflict resolution and problem-solving services. Services include:

- Informal dispute resolution
- Coaching
- Mediation
- Resources
- Referrals
- Workshops and trainings

Zackary Hull, Assistant Ombudsperson

**HOURS:** Monday - Friday, 9AM - 5PM

**PHONE:** (510) 642-5754 (confidential voice mailbox)

**WEBSITE:** sa.berkeley.edu/ombuds
Be Well At Work

- Employee Assistance
- Elder Care
- Ergonomics
- Wellness
- Work/Life
- Childcare Resources
- Breastfeeding Support Program

Location: Tang Center, 2222 Bancroft Way
Website: https://uhs.berkeley.edu/bewellatwork
COVID-19 Resources

California COVID Notify: https://canotify.uchealth.edu/UCBerkeley/
New exposure notification system to get COVID-19 exposure alerts.

COVID-19 policies and resources for campus: https://coronavirus.berkeley.edu/

University Health Services (UHS), including mental health resources, visit: https://uhs.berkeley.edu/coronavirus-covid-19-information

Division of Equity and Inclusion (E&I), including assistance with basic needs, visit: https://diversity.berkeley.edu/covid-19-ei-here-serve-you
Library Services & Resources

- Links from VSPA Library presentation:  http://ucblib.link/vspalibrary
- Library home page:  http://www.lib.berkeley.edu
- UC Library Search - unified discovery and borrowing system for all 10 UC campuses
- 1400+ databases
- Research assistance via 24/7 chat
- Contact info for subject specialists

Questions? Contact Corliss Lee: clee@library.berkeley.edu
Berkeley International Office

- Advising support for nonimmigrant scholars
- Visa document production for nonimmigrant students, postdocs, visiting scholars, and visiting student researchers
- Programs and workshops
- **Do not leave the U.S. before notifying the Berkeley International Office (BIO):**
  - email: jscholar@berkeley.edu or phone: 510-642-2818
- Virtual advising available via email and Zoom: jscholar@berkeley.edu
- Arrival Guide: https://internationaloffice.berkeley.edu/living/arrival-guide
Educational Workshops

How to launch a startup?

- Idea evaluation (product market fit) and product development
- Intellectual Property protection
- Funding (grants, angels, etc.)
- Building blocks of startups: Incorporating a company, team formation, advisory boards, marketing, sales
- Interaction with entrepreneurs: Workshops with successful and failed entrepreneurs
- Pitching ideas
Campus Food Pantry

Location: Inside of the Martin Luther King, Jr. Student Union in bNorth

You'll need your Cal ID, a bag, and to sign up on the virtual line before you arrive. If you have any questions or issues visit our check-in desk (pictured here) during open hours to find out more!

Visit the Basic Needs Center to find out more on how to access basic resources:

https://basicneeds.berkeley.edu/pantry for details.

Questions? Email: foodpantry@berkeley.edu
Summary of Food Resources

**Campus Food Pantry**
Email: foodpantry@berkeley.edu  
Phone: 510-463-4170

**CalFresh** - https://calfresh.berkeley.edu/  
Online: getcalfresh.org  
By phone: 1-877-847-3663 for Alameda County  
1-925-603-3316 for Contra Costa and Solano Counties

**Find Food Near Home**
1-510-635-3663 for Alameda County  
1-855-309-3663 for Contra Costa and Solano Counties

http://basicneeds.berkeley.edu/
Other Community Food Resources:

Berkeley Food Network
https://www.berkeleyfoodpantry.org/

Berkeley Technology Academy Food Pantry
https://www.berkeleyschools.net/coronavirus/#food

Albany School Food Project
www.ausdk12.org or call 510-558-2608
VSPA Sponsored Programs

- Berkeley Postdoc Association (BPA)
- Berkeley Postdoc Entrepreneurs Program (BPEP)
- Postdoc Industry Exploration Program (PIEP)
- Humanities, Arts, and Social Sciences Association (HSSA)
- Postdoc Teaching Opportunities Program (PTOP)
Berkeley Postdoctoral Entrepreneur Program

Aims to foster entrepreneurship in the UC Berkeley postdoctoral and graduate community. BPEP provides tools, mentoring, and a platform for science-business communication to enable research innovations to move into the marketplace. BPEP believes entrepreneurship is an integral part of UC Berkeley's ethos, and aims to build a community of entrepreneurs among UC Berkeley's postdocs.

Mission:
Provide education on various aspects of entrepreneurship through seminars and workshops, targeting PhDs and postdocs, while developing cross campus collaborations at UC Berkeley.

Website: [http://bpep.berkeley.edu](http://bpep.berkeley.edu)
Contact Us: bpep-vspa@berkeley.edu
At BPA we:

- Organize social events
- Run workshops and seminars
- Administer funds for professional training!
- Promote diversity, equity and inclusion
- Represent postdocs to the university

Visit postdoc.berkeley.edu or follow us on Twitter @BerkeleyBPA for more!
Spouses and kids are welcome to Happy Hours!

First Thursday (today!)  
6:00 - 7:30 pm

Second Wednesday (next week)  
6 pm

Third Thursday  
7 pm

Follow @BerkeleyBPA
HSSA serves the social, intellectual & professional needs of postdocs, visiting scholars, and visiting student researchers in the humanities, arts & social sciences

Programs & Events: Scholar’s Forum (scholarly writing feedback), Writing Club (weekly writing support group), colloquia (presentation experience), social events, lectures, workshops, more

Applications for new volunteer Board Members accepted!

See website hssa.berkeley.edu, or contact Daniel Kim, President: ddk@berkeley.edu
Upcoming VSPA Events

Relocation and Housing Meeting - MONTH AND DAY
11 a.m. - 12 p.m.

New! Housing Search Assistance Program with Move Bay Area. More information:
https://vspa.berkeley.edu/vspa-housing-relocation-assistance-program
The CalNet ID is your UC Berkeley digital identity which allows you to access all password-protected portals on campus.

- To activate your CalNet ID, please follow the instructions on the CalNet Identity Access Management website: https://calnetweb.berkeley.edu/calnet-me/info-new-users/activate-calnet-id/cam-instructions-new-employees-and-affiliates

- Specific CalNet ID requirements, passphrase requirements, and information for new users can be found here: https://calnetweb.berkeley.edu/calnet-me/information-new-users
Wi-Fi connectivity is generally available throughout most buildings on campus as well as in UC Berkeley-affiliated buildings located off-site with an expansion effort underway.

- Eduroam is the primary Wi-Fi service for access to the campus network (be sure to drop Airbears(link is external) or other options in your list).

- Instructions differ for those new to campus and those returning to campus. Visit https://technology.berkeley.edu/wi-fi for further instructions.
bConnected: Email, Calendar, & Drive

Register for:

• Cal Messages:  
  https://calmessages.berkeley.edu/

• Campus emergency notifications:  
  warnme.berkeley.edu

• Notify VSPA of your UCB email address: vspa@berkeley.edu
WarnMe: Campus Emergency Notification system

All UC Berkeley email addresses are automatically enrolled in the WarnMe emergency notification system. To receive campus-specific WarnMe emergency alerts via SMS/text, you can register your mobile phone number at this website: https://warnme.berkeley.edu
Glacier Tax Compliance System

- All foreign non-employee individuals (Visiting Scholars and Visiting Student Researchers) receiving funds (Living Allowance) from UC Berkeley MUST have a GLACIER record.
- GLACIER collects tax related information from foreign individuals receiving funds from UC Berkeley.
- GLACIER determines residency status and tax treaty eligibility for the foreign individual.
- Information for Non-Employee Foreign & California Non-Resident Payments
- Guide for Foreign Individuals
- GLACIER Training through UC Learning Center

Visit: https://internationaloffice.berkeley.edu/taxes/tax-prep
IP, Ethics and RCR – Required Training

**Intellectual Property (IP) at UCB**: Patents, Copyrights, Trade and Service Marks, and Trade Secrets.
- IP Essentials for Academic Researchers Training: ipira.Berkeley.edu/researcher
- https://vcresearch.berkeley.edu/research-policies/intellectual-property

**Responsible Conduct of Researchers (RCR) Training**:
- rac.Berkeley.edu/rcr.html
- University of California Ethical Values and Conduct Training: via the Learning Center at blu.Berkeley.edu.

**Ethics**: We are committed to:
- Integrity: We will conduct ourselves with integrity in our dealings with and on behalf of the University.
- Excellence: We will conscientiously strive for excellence in our work.
- Accountability: We will be accountable as individuals and as members of this community for our ethical conduct and for compliance with applicable laws and University policies and directives.
- Respect: We will respect the rights and dignity of others.
- https://ethics.berkeley.edu/home
International Visiting Scholars (VS) and Visiting Student Researchers (VSR) must have health insurance either through Gallagher Benefit Services or waive/opt out if they have their own coverage from their home countries.

Contact: Diane Sims at Diane_Sims@ajg.com
Phone: 1-888-441-3719
Email: UniversityServices.GBS.UCBVSBP@ajg.com

Benefit Plans & Rates: https://clients.garnett-powers.com/vs/ucb/

Visit our website for more information:
https://vspa.berkeley.edu/visiting-researcher-health-insurance
Environmental Health & Safety

Working in the Labs and Your Safety:

• Building and Department Safety
• Personal Safety and Colleagues
• Radiation Safety, Biosafety, Chemical Safety
• Resources for Safety Training
• Hazardous Materials, Environmental Protection
• Safety Publications

Emergency: Dial 911 or 510-642-3333

Visit: http://ehs.berkeley.edu
VSPA Career & Professional Development

- Research Presentation Skills
- Lab Management and Supervision
- Interviewing
- Grant Writing
- Conflict Resolution
- Networking

- Effective Communication
- Negotiation Skills
- Managing Your PI
- How to Get Published in an Academic Journal
- Selecting the Right Mentor

Visit our Events Calendar for the latest offerings: https://vspa.berkeley.edu/upcoming-events
VSPA Institutional Memberships

VSPA is proud to provide free access to our exclusive institutional memberships for current postdocs, visiting scholars, and visiting student researchers during their time at UC Berkeley:

- **New York Academy of Science**: For over 200 years the NY Academy of Sciences has helped scientists, engineers, and innovators pursue successful careers.

- **Nature Masterclass**: Access all online courses such as scientific writing and publishing, taught by editors from the Nature Research journals.

- For postdocs: [National Postdoc Association](https://www.nationalpostdoc.org) (NPA).
Diversity, Equity, Inclusion, Belonging & Justice (DEIBJ)

People deserve to be treated with consideration, regardless of their gender, ethnicity, physical appearance, sexual orientation, or political and religious outlook.

It is important for UC Berkeley to maintain a climate for intellectual activity that is collegial, respectful, and conducive to focused and productive inquiry. Attitudes and behavior that are hostile or demeaning to members of our community, or that detract from the ability of our students, staff, and colleagues to focus effectively on their work are not appropriate.

Sexual harassment, racial discrimination, and targeted hostility have no place in a well-regulated community, whatever its nature.

https://diversity.berkeley.edu/
https://diversity.berkeley.edu/principles-community
Diversity, Equity, Inclusion, Belonging & Justice (DEIBJ)

Office of the Ombuds for Postdocs and Students:  
http://sa.berkeley.edu/ombuds

Title IX/VI Compliance Office (sex and race discrimination):  
http://ccac.berkeley.edu/titleix.shtml

Equity Standards and Compliance:  
http://ccac.berkeley.edu/

Equity and Inclusion Resource Center:  
http://geneq.berkeley.edu/

UC and UC Berkeley Policy Statements:  
- Complaints about sexual harassment or racial discrimination
- Non-discrimination statement
- Policy on substance abuse
- Whistle blower policy
- The Postdoc Union
Visiting Scholars and Visiting Student Researchers: thank you for attending and welcome to UC Berkeley!

Postdocs only session is next.
Postdoc Benefits At A Glance


- Medical Insurance
- Dental Insurance
- Vision Insurance
- Accidental death and dismemberment
- Short term disability
- Long term disability (optional/initial enrollment only)
- Wellness benefits
- Retirement Plans (Postdoc Employees)
- Flexible Spending Account
Postdoc Benefits Contacts

Insurance Broker: Gallagher Benefits Services
Email: UniversityServices.GBS.psbp@ajg.com
Phone: 1-800-254-1758

NEW! INFORMATIONAL VIDEO:
https://www.youtube.com/watch?v=XTF1kZgV5Ws&ab_channel=GBSMissionViejo

Main website: http://clients.garnett-powers.com/pd/uc/

UC Postdoc Scholar Benefit Plans and Rates:
http://clients.garnett-powers.com/pd/uc/plans_benefits/
Postdoc Enrollment Information
http://clients.garnett-powers.com/pd/uc/pre_enrollment/
For enrollment questions, please contact UCPath: 855-982-7284

Gallagher contact:
Antonio Kontokanis: 800-254-1758
or antonio_kontokanis@ajg.com

UCB contact:
Janet Suko: 510-219-9287
or jsuko@berkeley.edu
International Postdocs:

→ Sign up for benefits even if you don’t immediately have a Social Security Number (SSN). You will be insured under an alias SSN until you secure your personal SSN

→ Please work with your department’s HR contact to change the alias SSN to your new SSN

→ Make sure the University has your current address on file at all times

→ All correspondence from UC Berkeley and health insurance carriers will be mailed to the local address on file
## Medical Insurance

### What are the main differences between HMO and PPO?

<table>
<thead>
<tr>
<th>Health Maintenance Organization (HMO)</th>
<th>Preferred Provider Organization (PPO)</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Lower out-of-pocket costs, premiums, and deductibles</td>
<td>- Higher premiums</td>
</tr>
<tr>
<td>- Great coverage for families</td>
<td>- Higher out-of-pocket costs</td>
</tr>
<tr>
<td>- See one main Primary Care Physician (PCP)</td>
<td>- Greater flexibility within network and some out of network coverage</td>
</tr>
<tr>
<td>- Referrals from PCP required for in-network specialists</td>
<td>- See any physician without a referral in-network</td>
</tr>
</tbody>
</table>
Dental Insurance

What are the main differences between DHMO and DPOS?

<table>
<thead>
<tr>
<th>Dental Health Maintenance Organization (DHMO)</th>
<th>Dental Point Of Service (DPOS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Lower premiums, out-of-pocket costs; must use Primary Care Dentist</td>
<td>- Higher premiums</td>
</tr>
<tr>
<td></td>
<td>- Higher out-of-pocket costs</td>
</tr>
<tr>
<td>- Not recommended due to lack of providers in the Bay Area accepting this plan</td>
<td>- There is also an Out-of-Network option. You will pay less for services if an In-Network provider is used.</td>
</tr>
<tr>
<td>- Referrals required for specialists, not as flexible for out-of-network dental care</td>
<td>- Greater flexibility &amp; larger network of dentists from which to choose</td>
</tr>
</tbody>
</table>
Vision Insurance

HealthNet PPO (in network)
With EyeMed via Health Net of California

- UCB School of Optometry

https://c2mb.ajg.com/uc/home/vision-plan/
Flexible Spending Accounts

- What is a Health Care Flexible Spending Account (HCFSA)?
- What is a Dependent Care Flexible Spending Account (DCFSA)?
- Who is eligible for the postdoctoral scholar FSA plans?
- How do I enroll in the FSA?
- FAQs: https://c2mb.ajg.com/uc/home/flexible-spending-account/
- WEX is the administrator
  - uc-fsa.com
  - 844-561-1338
  - WEX mobile app
Disability Insurance

● All Postdoctoral Scholars are automatically enrolled in the Short Term Disability Insurance Program: https://c2mb.aig.com/uc/home/life-ad-d-and-disability/

● The plan pays 70% of the first $1,429 of weekly pre-disability earnings with a maximum weekly benefit of $1,000 per week

● Waiting period is seven (7) days

● The disability insurance claim pack is located on the Gallagher website: https://c2mb.aig.com/uc/home/

● Gallagher Benefit Services: 1-800-254-1758
Postdoc Scholar Employees (Title Code 3252):

MANDATORY contribution, on a pre-tax basis, 7.5% of wages to a Defined Contribution Plan (DCP) account such as **Safe Harbor** beginning the first day of an eligible appointment. You may withdraw (taxes apply) or transfer these funds to another retirement account when your appointment ends with the University. The mandatory contribution does not apply to postdocs who are not residents for tax purposes. Residency will apply when you are in the U.S. for two years, after which you contribute to the DCP.

- Have access to voluntary After-Tax DCP Account, Tax-Deferred 403(b) Plan and 457(b) Deferred Compensation Plan.
- For more information: https://internationaloffice.berkeley.edu/taxes/tax-filing-status

Postdoc Scholar Fellows (3253) & Postdoc Scholars Paid Direct (3254)

Postdoc Scholar-Fellows and Postdoc Scholar-Paid Direct are not eligible to participate in UC retirement plans.

**Visit:**

https://vspa.berkeley.edu/postdoc-health-insurance-retirement-benefits

To find your title code, check your earnings statement on UCPath, your offer letter, or email vspa@berkeley.edu
Holidays (Days Off)

- Contract includes standard 13 paid University observed holidays where the campus is closed for regular business (day off)
- If required to work on a holiday, a postdoc may request another day off (best done via email for your records)
- See List of University-Paid Holidays - Academic Calendar:
  http://guide.berkeley.edu/academic-calendar/
Personal Time Off (PTO)

Eligibility for pay during time off for Postdoc-Fellows and Postdoc-Paid Direct is dependent on the funding agency.

All postdocs get 24 days per year of time off to use at any time in one-day increments (PTO or Personal Time Off), in addition to the 13 paid holidays.

Unused time off cannot be carried forward to another contract year and cannot be paid out - so be sure to use them!

Record keeping for time off varies from unit to unit. Check with your department administrator for details.
Sick Leave

- Postdocs are eligible for 12 days of sick leave per 12-month appointment.
- May elect to use accrued sick leave and Personal Time Off (PTO) for their own serious health condition and for other FML purposes.
- All 12 days are available for use as of the appointment begin date.
- Unused sick leave can be carried forward to other UC appointments (beyond postdoc), such as ladder-rank professor or researcher, at UCB or another UC campus.
Postdoctoral Paid Family Leave (PPFL)

- All new parents are eligible for 8 maximum weeks of Paid Family Leave of full pay at their appointment percentage, per calendar year, which can be used all at once or in increments any time within the first year after the birth or placement of a child (adoption).

- The University provides 12 unpaid weeks of Family and Medical Leave (FML) that can be used as parental leave for birth or placement of a child. Before taking unpaid parental leave, a Postdoc must exhaust all Personal Time Off (PTO) and their Paid Parental Leave.

- Birth mothers are also eligible to use Short Term Disability insurance paid at 70% of salary for Pregnancy Disability Leave.

- Further details may be found in the union contract.
New Childcare Reimbursement

- **Effective October 1, 2023;** expenses must be incurred after October 1, 2023 to be eligible for reimbursement
- Applicable to children who are 12 and under
- Starting at $2500 per calendar year (January 1 - December 31)
- Increases $100 per year in 2024, 2025, 2026 (up to $2800 on October 1, 2026)
- Postdoc Fellows & Paid Directs:
  - If external grant/fellowship provides a childcare benefit of at least $2500 (or applicable contractual amount), that satisfies the University’s obligation
  - If the benefit is less than the contractual amount, the University will supplement up to the contractual amount
- Process for reimbursement is still being worked out; period deadlines
- Unused funds do not roll over
- Professional Travel Childcare Expense - same $2500 allotment; not additional funding
- Used for: extra childcare while away on approved travel, on-site childcare on approved travel, transportation of child and/or caregiver if overnight, food/lodging, if needed, for child and/or caregiver if overnight, shipping of breastmilk home for child when PD is away on approved travel
- Can only be used for University-approved travel; get in writing; check with department on local procedures
When you have to work, you need support for your family, especially right now. Whether it’s reliable child care or extra academic support, rely on Bright Horizons Enhanced Family Supports™.

**Primary Child Care Solutions:** Jump ahead on Bright Horizons® center waitlists, access discounts on summer day camp at Steve & Kate’s Camp, receive waived membership fees ($150 value) for Sittercity’s database of sitters, get a discount on College Nannies, a high-touch nanny placement service, and access before- and after-school programs from Right at School.

Sittercity: [https://www.sittercity.com/bh-benefits/ucpostdocs](https://www.sittercity.com/bh-benefits/ucpostdocs)

**Academic Support & Tutoring:** Get exclusive discounts on tutoring from high-quality education partners, including Sylvan Learning, Varsity Tutors, and Revolution Prep.

**Enrichment Programs:** Access fun, creative, and educational options for your child, including Brooklyn Robot Foundry, Code Ninjas, and MarcoPolo — all with cost-saving discounts.

Additional benefits include resources to help find elder care, pet care, housekeeping, and more.

Find support now. Visit [https://clients.brighthorizons.com/universityofcalifornia](https://clients.brighthorizons.com/universityofcalifornia)
Types of Appointments: [https://vspa.berkeley.edu/postdoc](https://vspa.berkeley.edu/postdoc)
Title Codes: 3252, 3253, 3254, 3255, 3256, LBL/DOE CWR 002, CWR 017

Length of Appointment - PD Employee (Title code 3252):
All initial appointments must be for a minimum of one (1) year. First reappointments (after the initial appointment) are issued for a minimum of two years unless:
- Funding is less than two years
- Project is less than two years
- Work/Visa limitations (e.g. J-1 Visa requirements)
Total postdoc service is no more than 5 years or 6 with exception.

Length of Appointment PD Fellow (3253) and Paid Direct (3254): Appointments are for the duration of funding.

To find your title code, login to UCPATH and view your Earnings Statement
Tax information: [https://vspa.berkeley.edu/taxes](https://vspa.berkeley.edu/taxes)
Supervisor

Per the Union contract, your faculty sponsor is your “Supervisor.” Responsibilities of your supervisor include:

• Appointment decisions
• Performance management / assessment
  ■ Must conduct written annual reviews per contract; meet regularly w/supervisor to avoid surprises on evaluation
• Mentoring
Progress Assessment

- Your supervisor must conduct one written annual review per the Union contract.
- Meet with your faculty sponsor on a regular basis
- You should never be surprised with the content of your evaluation
Individual Development Plan (IDP)

- Progress assessments and IDPs are distinct from one another
- Identifies goals of the postdoc and expectations of the supervisor
- Provides communication link between postdoc and supervisor
- Safeguards against unexpected reviews
- IDPs may be required by a grant, fellowship, or program

My IDP STEM Careers: https://myidp.sciencecareers.org/

Imagine PhD: a career exploration and planning tool for the humanities and social sciences
https://www.imaginephd.com/

Visit VSPA Website on IDPs: https://vspa.berkeley.edu/idp
Compensation Minimum Levels

- Compensation level is no longer based on the NIH National Research Service Award (NRSA) salary scale.
- Compensation level is commensurate with experience level.
- Postdocs can be paid more than the minimum level.
- Starting in 2023, individual experience levels will go up on April 1 and October 1, depending on initial UC appointment date.

For more information: https://vspa.berkeley.edu/postdoc-compensation
# TABLE 23

**Postdoctoral Scholar - Employee**
**Postdoctoral Scholar - Fellow**
**Postdoctoral Scholar - Paid Direct**
**Interim Postdoctoral Scholar - Employee**

## POSTDOCTORAL SCHOLAR EXPERIENCE-BASED SALARY/STIPEND MINIMUM

### FISCAL YEAR

### SALARY SCALE

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Level 0 (0 - 11 months)</td>
<td>$55,632</td>
<td>$4,636.00</td>
<td>$60,000</td>
<td>$5,000.00</td>
<td>T023, Grade L0</td>
</tr>
<tr>
<td>Level 1 (12 - 23 months)</td>
<td>$57,852</td>
<td>$4,821.00</td>
<td>$62,220</td>
<td>$5,185.00</td>
<td>T023, Grade L1</td>
</tr>
<tr>
<td>Level 2 (24 - 35 months)</td>
<td>$59,784</td>
<td>$4,982.00</td>
<td>$64,522</td>
<td>$5,376.83</td>
<td>T023, Grade L2</td>
</tr>
<tr>
<td>Level 3 (36 - 47 months)</td>
<td>$61,992</td>
<td>$5,166.00</td>
<td>$66,909</td>
<td>$5,575.75</td>
<td>T023, Grade L3</td>
</tr>
<tr>
<td>Level 4 (48 - 59 months)</td>
<td>$64,296</td>
<td>$5,356.00</td>
<td>$69,385</td>
<td>$5,782.08</td>
<td>T023, Grade L4</td>
</tr>
<tr>
<td>Level 5 (60 - 71 months)</td>
<td>$66,600</td>
<td>$5,550.00</td>
<td>$71,952</td>
<td>$5,996.00</td>
<td>T023, Grade L5</td>
</tr>
</tbody>
</table>

**NOTES:**

1. Salary Plan, Grade is for use in UCPath only.
2. Rates listed above are minimum rates paid for Experience Level.
3. Appointment to Postdoctoral Scholar, Experience Level 5, is by exception.
### TABLE 23N
Postdoctoral Scholar - Employee (Non-Exempt)

| POSTDOCTORAL SCHOLAR EXPERIENCE-BASED HOURLY-RATE MINIMUM FISCAL YEAR SALARY SCALE |
|---------------------------------|---------------------------------|---------------------------------|
| Experience Level               | 4/17/2022 Hourly | 4/2/2023 Hourly | Salary Plan, Grade |
| Level 0 (0 - 11 months)        | $26.65            | $28.74            | T23N, Grade L0     |
| Level 1 (12 - 23 months)       | $27.71            | $29.80            | T23N, Grade L1     |
| Level 2 (24 - 35 months)       | $28.64            | $30.91            | T23N, Grade L2     |
| Level 3 (36 - 47 months)       | $29.69            | $32.05            | T23N, Grade L3     |
| Level 4 (48 - 59 months)       | $30.80            | $33.24            | T23N, Grade L4     |
| Level 5 (60 - 71 months)       | $31.90            | $34.46            | T23N, Grade L5     |

NOTES:
1) Salary Plan, Grade is for use in UCPath only.
2) Rates listed above are minimum hourly rate paid for Experience Level.
3) Appointment to Postdoctoral Scholar, Experience Level 5, is by exception.
Resources

UAW 5810 Postdoctoral Scholar Unit (Postdoc) Contract:
http://uaw5810.org/know-your-rights/contract/

Academic Personnel Office:
http://apo.berkeley.edu/

Visiting Scholar and Postdoc Affairs:
vspa.berkeley.edu

New Employee Checklists:
https://regionalservices.berkeley.edu/brs-central-services/onboarding-newly-hired-berkeley-employees/starting-new-job
-uc-berkeley