

Low-Cost/Sliding Scale Community Mental Health Resources

Berkeley

[Berkeley Therapy Institute](#)

1749 Martin Luther King Jr. Way
Berkeley
510.841.8484

[City of Berkeley, Mental Health Division](#)

- Crisis, Assessment & Triage (CAT)
 - Comprehensive Community Treatment (CCT)
- 510.981.5290

[Jewish Family & Community Services East Bay Counseling/Therapy](#)

2484 Shattuck Avenue, Ste. 210
Berkeley
510.704.7475

[Pacific Center for Human Growth \(LGBTQ Resource\)](#)

2712 Telegraph Avenue, Berkeley
510.548.8283

[Psychology Clinic, Dept. of Psychology, UC Berkeley](#)

2205 Tolman Hall, UC Berkeley
510.642.2055

[The Psychotherapy Institute](#)

2232 Carleton Street, Berkeley
510.548.2250 x 1

Oakland

[La Clinica de la Raza](#)

1501 Fruitvale Avenue, Oakland
510.535.6200

[Life Long Medical Care](#)

Various locations in Oakland & Berkeley
510.981.4100

[Sausal Creek Outpatient Stabilization Clinic](#)

2620 26th Avenue, Oakland
510.437.2363

[West Oakland Health Center](#)

700 Adeline Street, Oakland
510.835.9610

San Francisco

[Access Institute for Psychological Services](#)

110 Gough Street, 3rd Fl, San Francisco
415.861.5449

[Instituto Familiar de la Raza](#)

2919 Mission Street, San Francisco
415.229.0500

[Marina Counseling Center](#)

2137 Lombard Street, San Francisco
415.563.2137



Be Well at Work
Faculty/Staff Health Programs
Disability Management · Elder Care · Employee Assistance
Ergonomics · Occupational Health · Wellness · Work/Life

uhs.berkeley.edu/bewellatwork

Email: employeeassistance@berkeley.edu

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[Richmond Area Multi-Services Inc \(RAMS\)](#)

3636 Balboa Street, San Francisco
415.688.5955

[UCSF Langley-Porter Psychiatric Hospital & Clinics](#)

401 Parnassus Avenue, San Francisco
415.476.7500

Other Areas

[2-1-1 \(Community Services, Resources, & Referrals\)](#) www.211.org

Asian Community Mental Health
[Richmond Area](#)
510.970.9750

The Community Center for Health & Wellness
1057 East Meadow Circle, Palo Alto
650.493.5006

Community Institute for Psychotherapy (CIP)
1330 Lincoln Ave. Ste 201, San Rafael
415.459.5999

[Sonoma County Mental Health Services](#)
707.565.6900/800.870.8786



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