WELCOME TO UC BERKELEY!
AGENDA

9 – 9:05 a.m. Introduction to VSPA

9:05 – 9:40 a.m. Campus Resources

9:40 - 9:50 a.m. Responsibilities of visitors

9:50 - 10 a.m. Q&A

10 – 10:30 a.m. Postdoc Only Presentation

10:30 – 11 a.m. Confidential – Postdocs & Union Only
VSPA CONTACTS

Yvette Lane-Newton
Director

Cecilia Mafnas
Manager

Marci Burke
Program Coordinator

Call: 510-643-9681
Email: vspa@berkeley.edu
Web: vspa.berkeley.edu
Visit: 302 Sproul Hall
Office of the Vice Chancellor for Research

- Has overall managerial responsibility for Berkeley’s research enterprise
- Seeks to maintain a research environment that fosters creativity, collaboration and community.
- Provides support for campus-wide research efforts
- Advocates for research needs and resources
- Maximizes the benefits of Berkeley’s research to the scholarly community
- Supervises over 50 research units, 6 museums, and 7 field stations
- Administers the flow of research funding to the Berkeley campus
- Oversees the compliance of campus research with federal, state and university regulations
- Facilitates relations between University researchers and private industry for the benefit of society
Mission and Goals

- Foster a robust research community
- Enhance the research experience at Berkeley
- Convey policy issues to the attention of senior campus officials and campus partners
- Provide the research community with consistent delivery of services, benefits and privileges
- Offer professional and career development opportunities
- Support career interests of the postdoctoral scholars, visiting scholars and visiting student researchers
- Oversee and support the Berkeley Postdoctoral Association and other related initiatives
Standing in support of the Asian community and against all forms of discrimination

We write in strong support of the Chancellor's message, decrying the violent events in Georgia last week, and broader recent violence against Asian Americans, African Americans and many other communities of color. These acts have no place in our society. We remain vigilant and in solidarity with all minority communities who are vulnerable to acts of hate based on their race, ethnicity, gender, gender expression, sexual orientation.

We would like to share the following resources:
Our Diversity, Equity, Inclusion & Belonging (DEIB) working group is looking at ways to increase diversity, equity, inclusion and belonging within our research environment here on campus. We invite your comments and thoughts to move this work forward. Please contact vcr@berkeley.edu if you would like to learn more or provide input to the DEIB working group.

Learn how you can help when you see incidents of hate, violence and harassment through Bears that CARE - our active bystander training.

Asian Pacific American Student Development (APASD) offers advising and programming for Asian American, Pacific Islander, South Asian, Southwest Asian and North African (AA/PI/SSWANA) communities.
Navigating Key Campus Services + Resources
Parking & Transportation

COVID updates: https://pt.berkeley.edu/COVID19

Real-time arrival information: Moovit, Transit, Berkeley App

High Demand for Parking: Plenty of Alternative Transit available

Clipper Card: Access to 20+ transit agencies in Bay Area

Trip-Planning Available: pt.berkeley.edu/GoldenBearTripPlanning

Visit: 1995 University Avenue, Suite 110
Monday-Friday
7:30am – 4:00pm

Permit and Wageworks Questions:
prktrans@Berkeley.edu

Transit, Carpool, Bike, Trip-planning,
General Commuting Questions:
berkeleymoves@Berkeley.edu

Carpool Information:
Cal.rideamigos.com

Our website: pt.Berkeley.edu
FREE 30-day trial period for scholars only
Baseball and soccer fields, swimming pools, tennis courts, running tracks
Group exercise classes, personal training
Intramural sports
Outdoor adventures and much more!
Membership cost: $305/person, per semester

Sign up in person at RSF main facility. Open to spouses and dependents over 17 years of age (after scholar’s 30-day trial period).
Contact: Jeffrey Lambert at jrlambert@berkeley.edu
Follow on Instagram: @calrecsports

http://recsports.berkeley.edu
Cal 1 Card is your passport for campus identification

Access during COVID-19:
https://cal1card.berkeley.edu/cal-1-card-updates-on-coronavirus-covid-19/

INFORMATION FOR EMPLOYEES AND AFFILIATES:

• Non-essential employees / affiliates are advised to refrain from unauthorized / unnecessary travel to campus and instead work remotely until further notice.
• Affiliates whose job duties require access to campus properties should communicate with their supervisor / manager to attain an “essential” designation.
• Employees / affiliates with an “essential” designation that need a new or replacement Cal 1 Card may do so by making an appointment as follows:
  • Visit our online Flex Appointment Page to make an appointment
  • Follow the onscreen instructions to select from available appointment time slots
• Employees and affiliates without an “essential” designation are advised not to make an unnecessary trip to the Berkeley campus solely for the purpose of obtaining a new or replacement Cal 1 Card.
• Issuance of a Cal 1 Card (or lack thereof) will not impact your ability to create and use your CalNet credentials (i.e. CalNet ID and Passphrase) for access to UC Berkeley online resources / applications.

https://cal1card.berkeley.edu/
Resources

- Events, workshops, career fairs
- Career counseling*
- Career exploration
- Resume & interview advising
- Internship support
- Job searching

*Postdocs & visiting student researchers only
One-on-one counseling available after 90 days of arrival date

http://career.berkeley.edu
How do I access these services + information?

Handshake

Welcome to Handshake, the Career Center’s powerful recruiting platform for UC Berkeley students and alumni. Handshake uses cutting edge technology to help you more easily connect with employers and source jobs, internships, event information, and On-Campus Recruiting (OCR) opportunities.

Employers can use Handshake as a recruitment tool, to identify qualified candidates for open positions and manage on-campus recruitment activities.

Obtain your @berkeley.edu email address

Report it to vspa@berkeley.edu.

Register for Handshake: https://career.berkeley.edu/handshake
The Ombuds Office for Students and Postdoctoral Appointees is an independent unit that provides strictly confidential, impartial and informal conflict resolution and problem-solving services. Services include:

- Informal dispute resolution
- Coaching
- Mediation
- Resources
- Referrals
- Workshops and trainings

**HOURS:** Monday - Friday, 9AM - 5PM

**PHONE:** 510-642-5754
Be Well at Work
Faculty/Staff Health Programs

- Employee Assistance
- Elder Care
- Ergonomics
- Wellness
- Work/Life

Tang Center
2222 Bancroft Way
https://uhs.berkeley.edu/bewellatwork
COVID-19 UPDATES

**California COVID Notify:** [https://canotify.uchealth.edu/UCBerkeley/](https://canotify.uchealth.edu/UCBerkeley/)
New exposure notification system to get COVID-19 exposure alerts.

For the latest updates COVID-19 policies and resources for campus, visit [https://news.berkeley.edu/coronavirus/](https://news.berkeley.edu/coronavirus/)

For the latest updates from University Health Services (UHS), including mental health resources, visit: [https://uhs.berkeley.edu/coronavirus-covid-19-information](https://uhs.berkeley.edu/coronavirus-covid-19-information)

For updates from the Division of Equity and Inclusion (E&I), including assistance with basic needs, visit: [https://diversity.berkeley.edu/covid-19-ei-here-serve-you](https://diversity.berkeley.edu/covid-19-ei-here-serve-you)
July 27: UC Library Search - new project will unify Berkeley’s vast collections (physical and digital) and bring together the collections of libraries across UC’s 10 campuses under one virtual roof. 
https://libraries.universityofcalifornia.edu/uclibrarysearch/about

Links from VSPA Library presentation:  http://ucblib.link/vspalibrary

• online access to resources
  o 1400+ databases
  o OskiCat (catalog) (Law Library has its own catalog)
  o MELVYL (10 UC campuses; use REQUEST button for Interlibrary Loan)
  o Search box on library home page (Start Your Search)
  o Includes OskiCat and some article databases (NOT all)
• most up to date information on library services
• research assistance via 24/7 chat; contact info for subject specialists

Questions? Corliss Lee  clee@library.berkeley.edu
Berkeley Postdoctoral Entrepreneur Program

Aims to foster entrepreneurship in the UC Berkeley postdoctoral and graduate community. BPEP provides tools, mentoring, and a platform for science-business communication to enable research innovations to move into the marketplace. BPEP believes entrepreneurship is an integral part of UC Berkeley's ethos, and aims to build a community of entrepreneurs among UC Berkeley's postdocs.

Mission
Provide education on various aspects of entrepreneurship through seminars and workshops, targeting PhDs and postdocs, while developing cross campus collaborations at UC Berkeley.

http://beppe.berkeley.edu/
Contact us: bpep-vspa@berkeley.edu
EDUCATIONAL WORKSHOPS

How to launch a startup?

• Idea evaluation (product market fit) and product development
• Intellectual Property protection
• Funding (grants, angels, etc.)
• Building blocks of startups: Incorporating a company, team formation, advisory boards, marketing, sales
• Interaction with entrepreneurs: Workshops with successful and failed entrepreneurs
• Pitching ideas

http://bpep.berkeley.edu/
Contact us: bpep.ucb@gmail.com
Summary of Food Resources:

1. Campus Food Pantry
   Email: foodpantry@berkeley.edu
   Phone: 510-463-4170

2. CalFresh - [https://calfresh.berkeley.edu/](https://calfresh.berkeley.edu/)
   Online: [getcalfresh.org](http://getcalfresh.org)
   By phone: 1-877-847-3663 for Alameda County 1-925-603-3316 for Contra Costa and Solano Counties

3. Find Food Near Home
   1-510-635-3663 for Alameda County
   1-855-309-3663 for Contra Costa and Solano Counties

[http://basicneeds.berkeley.edu/](http://basicneeds.berkeley.edu/)
Pop-up Food Pantry/Grocery Bag Pick Up

Tuesday 12 pm – 6 pm
Wednesday 7:30 am – 2:30 pm
Thursday 12 – 7:30 pm
Friday and Saturday 11 am – 2 pm
Sunday-Monday – closed

Location: Martin Luther King, Jr. Student Union near Lower Sproul Plaza
2495 Bancroft Way
No sign-up necessary

Please bring your Cal ID, wear a face covering, and practice physical distancing.

Open hours are subject to change depending on community needs and inventory availability.

The Basic Needs Center is partnering with 211 and DoorDash. Anyone who is in isolation or who faces another barrier to coming to the on-campus pantry is eligible. Must be within 10 miles of campus, and submit request by Tuesday night the week prior to delivery.
See https://basicneeds.berkeley.edu/ for details.

Questions? Email: foodpantry@berkeley.edu
<table>
<thead>
<tr>
<th>RRR WEEK</th>
<th>FINALS WEEK</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues: 12 – 6PM</td>
<td>Tues: 12 – 6PM</td>
</tr>
<tr>
<td>Wed: 7:30AM – 2:30PM</td>
<td>Wed: 7:30AM – 2:30PM</td>
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<tr>
<td>Thurs: 12 – 6 PM</td>
<td>Thurs: 12 – 3 PM</td>
</tr>
<tr>
<td>Fri &amp; Sat: 11AM – 2PM</td>
<td>Fri &amp; Sat: 11AM – 2PM</td>
</tr>
</tbody>
</table>

The Pantry and grocery program will be closed starting on Sunday, May 16th for 2 weeks to give our student and staff team a break. We will re-open on Tuesday June 1st and grocery delivery will resume the following week. Wishing you all the best!
OTHER COMMUNITY FOOD RESOURCES

Berkeley Food Network
Pantry for Berkeley or Albany residents
Located at 1925 9th St.
Open Monday-Thursday 10 AM-2 PM, Monday & Wednesday 5 PM-7 PM, & 1ST & 3RD Saturdays 10AM-12PM

Berkeley Technology Academy Food Pantry
Community members can pick up fresh produce, protein and eggs, frozen prepared foods, and packaged goods. Open every 2nd and 4th Tuesday of the month from 2:30 – 4:00 pm at 2701 Martin Luther King Jr. Way.
https://www.berkeleyschools.net/coronavirus/#food

Albany School Food Project
Beginning Monday, November 2nd, Albany Unified School District will serve free meals to ALL children 18 and under (regardless of enrollment in the district or eligibility for free/reduced meals). Meals can be picked up at the Albany High School multipurpose room on Mondays, Wednesdays, and Fridays from 11:30am - 1:30pm. Children do not need to be present to pick up food. Social distancing measures are in effect and face coverings are required. For more information: www.ausdk12.org or call 510-558-2608.
VSPA SPONSORED PROGRAMS:

- Berkeley Postdoc Association (BPA)
- Berkeley Postdoc Entrepreneurs Program (BPEP)
- Postdoc Industry Exploration Program (PIEP)
- Humanities, Arts, and Social Sciences Association (HSSA)
- Postdoc Teaching Opportunities Program (PTOP)
- Thriving in Science
- Berkeley Spouses and Partners Program (BSPP)
The BPA is a volunteer organization of postdocs working to advocate for the postdoc and visiting scholar community at UC Berkeley. We strive to provide a network of support and professional development for postdocs and visiting scholars through workshops, social events, seminars, and other opportunities. The BPA and the VSPA Program collaborate on many initiatives that enhance the experience for postdoctoral scholars during their appointment at UC Berkeley.

Events and activities include:
- Happy Hours
- Language Exchanges
- Seminars & Workshops
- $200 Professional Development Award (for online opportunities)

http://postdoc.berkeley.edu
Join our mailing list, Facebook or Twitter
Postdocs’ Happy Hour
Thursday
May 6th
6:30 - 7:30pm

Virtual Podcast Club
Monday
May 17th
6:30 - 7:30pm

Language Exchange
Third Wednesday of each month
6:30-7:30pm

The Value of Research in Society, A BPA Workshop Series - Part 5: Research Institutions & Society
With Carol Christ, Ph.D., Chancellor of UC Berkeley
Monday May 10, 5:00 - 6:00 PM
• HSSA meets the social, intellectual, and professional needs of postdocs/scholars in the humanities & social sciences
• Activities & events include: Writing Group meetings, social events, lectures, workshops, symposiums/conferences
• Applications for new volunteer Board Members accepted!
• Questions to Daniel Kim, President: ddk@berkeley.edu

hssa.berkeley.edu
Relocation and Housing Meeting
Wednesday - May 19, 11 a.m. – 12 p.m

Learn essential information to expedite your search for rental housing along with other information to enhance your experience while living in the San Francisco Bay Area.

Register via the VSPA website: vspa.berkeley.edu
The Calnet ID is your UC Berkeley digital identity, used to access all password-protected portals.

- To activate your CalNet ID, please follow the instructions on the CalNet Identity Access Management website: https://calnetweb.berkeley.edu/calnet-me/info-new-users/activate-calnet-id/cam-instructions-new-employees-and-affiliates

- Specific CalNet ID requirements, passphrase requirements, and information for new users can be found here: https://calnetweb.berkeley.edu/calnet-me/information-new-users
Setting up AirBears

What you need:
- A computer, CalNet ID (or guest account), web browser, AirBears signal

Computer setup:
- Set computer to ‘Automatically Obtain an IP Address’
- Set network name to be AirBears

Logging in:
- Startup your web browser.
- You will automatically be redirected to the AirBears WiFi login page.
- Enter CalNet ID and passphrase (or guest account & passphrase)
- You will be authenticated and able to use the AirBears service

http://ist.berkeley.edu/airbears
Register for:

- Cal Messages: [https://calmessages.berkeley.edu/](https://calmessages.berkeley.edu/). Contact your BRS HR partner for further instructions.
- Campus emergency notifications: warnme.berkeley.edu
- Notify VSPA of your UCB email address: vspa@berkeley.edu

Visit: [https://bconnected.berkeley.edu/home](https://bconnected.berkeley.edu/home)
WARN ME
Campus emergency notification system

All UC Berkeley email addresses are automatically enrolled in the WarnMe emergency notification system.

To receive campus-specific WarnMe emergency alerts via SMS/text message, you can register your mobile phone number at this website: https://warnme.berkeley.edu/
• Advising support for nonimmigrant scholars
• Visa document production for nonimmigrant students, postdocs, visiting scholars, and visiting student researchers
• Programs and workshops
• Do not leave the U.S. before notifying the Berkeley International Office (BIO):
  - email: internationaloffice@berkeley.edu
  - phone: 510-642-2818
• Virtual advising available via email and Zoom: jscholar@berkeley.edu
• Arrival Guide:
  https://internationaloffice.berkeley.edu/sites/default/files/arrivalguidebook.pdf
GLACIER collects tax related information from foreign individuals receiving funds from UC Berkeley.
All foreign individuals receiving funds from UC Berkeley MUST have a GLACIER record.
GLACIER determines residency status and tax treaty eligibility for the foreign individual.
Information for Non-Employee Foreign & California Non-Resident Payments
Guide for Foreign Individuals
GLACIER Training through UC Learning Center

https://internationaloffice.berkeley.edu/taxes/tax-prep
• **Intellectual Property (IP)** at UCB: Patents, Copyrights, Trade and Service Marks, and Trade Secrets.

IP Essentials for Academic Researchers Training: ipira.Berkeley.edu/researcher

• **Responsible Conduct of Researchers (RCR) Training**: rac.Berkeley.edu/rcr.html

• University of California Ethical Values and Conduct Training: via the Learning Center at blu.Berkeley.edu.

• **Ethics**: We are committed to:
  - Integrity: We will conduct ourselves with integrity in our dealings with and on behalf of the University.
  - Excellence: We will conscientiously strive for excellence in our work.
  - Accountability: We will be accountable as individuals and as members of this community for our ethical conduct and for compliance with applicable laws and University policies and directives.
  - Respect: We will respect the rights and dignity of others.
Domestic & international affiliates must have health insurance

**Gallagher Benefit Services**
*(formerly known as Garnett-Powers and Associates)*

Website: [https://clients.garnett-powers.com/vs/ucb/contact/](https://clients.garnett-powers.com/vs/ucb/contact/)

Email: UniversityServices.GBS.UCBVSBP@ajg.com

Phone: 1-888-441-3719
For information specific to Visiting Scholars and Visiting Student Researchers, contact: Diane Sims at Diane_Sims@ajg.com

**NEW:** IMG has agreed to include coverage for COVID-19 on all of their plans for currently enrolled Visiting Scholars and any future scholars. For any scholars who switch plans, experience a gap in coverage or are newly enrolled pre-existing condition coverage waiting period will apply. Scholars who are currently enrolled, coverage for the COVID virus will be treated as any other illness.
Working in the Labs and Your Safety

- Building and Department Safety
- Personal Safety and Colleagues
- Radiation Safety, Biosafety, Chemical Safety
- Resources for Safety Training
- Hazardous Materials, Environmental Protection
- Safety Publications

Emergency: Dial 911 or 510-642-3333

http://ehs.berkeley.edu
• Research Presentation Skills
• Lab Management and Supervision
• Interviewing
• Grant Writing
• Conflict Resolution
• Networking
• Effective Communication
• Negotiation Skills
• Managing Your PI
• How to Get Published in an Academic Journal
• Selecting the Right Mentor

https://vspa.berkeley.edu/professional-development-presentations
OTHER OPPORTUNITIES

• New York Academy of Science: For over 200 years the NY Academy of Sciences has helped scientists, engineers, and innovators pursue successful careers. Free membership, courtesy of VSPA.

• Nature Masterclass: VSPA has a Nature Masterclasses subscription, which gives you access to an online course in scientific writing and publishing, taught by editors from the Nature Research journals.

• For postdocs: National Postdoc Association (NPA). Free membership, courtesy of VSPA.
EVENT CALENDAR

The University of California has the largest population of postdocs in the world.

Wednesday, July 11
12:00pm  HSSA Writing Group

Thursday, July 12
9:00am   New Affiliate Orientation

Tuesday, July 17
7:00pm   Toast of Berkeley

Thursday, July 19
11:30am  BSPPA Meeting
11:45am  BPA Board Meeting
11:45am  HSSA Board Meeting
Sexual harassment, racial discrimination, and targeted hostility have no place in a well-regulated community, whatever its nature.

People deserve to be treated with consideration, regardless of their gender, ethnicity, physical appearance, sexual orientation, or political and religious outlook.

It is important for UC Berkeley to maintain a climate for intellectual activity that is collegial, respectful, and conducive to focused and productive inquiry.

Attitudes and behavior that are hostile or demeaning to members of our community, or that detract from the ability of our students, staff, and colleagues to focus effectively on their work are not appropriate.

We welcome you to take the Gender Recognition Act training course on transgender, nonbinary, and intersex awareness.
Equity and Inclusion

- **Office of the Ombuds for Postdocs and Students**
  
  http://sa.berkeley.edu/ombuds

- **Title IX/VI Compliance Office (sex and race discrimination)**
  
  http://ccac.berkeley.edu/titleix.shtml

- **Equity Standards and Compliance**
  
  http://ccac.berkeley.edu/

- **Equity and Inclusion Resource Center**
  
  http://geneq.berkeley.edu/

- **UC and UC Berkeley Policy Statements**
  
  Complaints about sexual harassment or racial discrimination
  
  Non-discrimination statement
  
  Policy on substance abuse
  
  Whistle blower policy
  
  The Postdoc Union
Thank you for attending today’s orientation!
Innovation and Entrepreneurship for the Berkeley Postdoctoral Community

- A guided, step by step approach to understanding how you can fit commercializing your ideas into your career.
- Series of opportunities for you to learn the entrepreneurial process, giving you tools that you can use throughout your career.
- Series of grants available to help reduce the friction along the way. The grants become more significant as your level of commitment grows.

For more information, please visit: https://www.postx.berkeley.edu/
BENEFITS AT A GLANCE

- Health Insurance
- Dental
- Vision
- Life Insurance
- Accidental death and dismemberment
- Short term disability
- Long term disability (optional/initial enrollment only)
- Wellness benefits
- Waiving or opting out

https://clients.garnett-powers.com/pd/uc/plans_benefits/
Insurance Broker: Gallagher Benefits Services
(formerly Garnett-Powers and Associates)
Email: UniversityServices.GBS.psbp@ajg.com
Phone: 1-800-254-1758

UC Postdoc Scholar Benefit Plans and Rates:
http://clients.garnett-powers.com/pd/uc/plans_benefits/

Postdoc Enrollment Information
http://clients.garnett-powers.com/pd/uc/pre_enrollment/

For enrollment questions, please contact UCPath: 855-982-7284

For questions regarding UC Berkeley benefits, please contact Sharon Johnson: 510-664-4126 or sdjohnson@berkeley.edu.

http://clients.garnett-powers.com/pd/uc/plans_benefits/
Back-up Dependent Care Program

- The Back-Up Dependent Care Program is an expansion of the Bright Horizons Back-Up Care Program in response to the COVID-19 pandemic and the significant consequences it has had for those responsible for the care of dependents.

- Now available to all benefits-eligible employees. You may use up to 120 hours of in-home or center-based care for children or adult dependents, for a low hourly copay.

- The program lasts through June 30, 2021.

- Bright Horizons maintains a nationwide network of caregivers and centers, so care can be arranged even if you or a loved one do not reside in the greater Bay Area.

- For information: https://ofew.berkeley.edu/back-care-advantage-program
INTERNATIONAL POSTDOCS

→ Sign up for benefits even if you don’t immediately have a Social Security Number (SSN). You will be insured under an alias SSN until you secure your personal SSN

→ Please work with your department’s HR contact to change the alias SSN to your new SSN

→ Make sure the University has your current address on file at all times

→ All correspondence from UC Berkeley and health insurance carriers will be mailed to the local address on file
Health Maintenance Organization (HMO)
Preferred Provider Organization (PPO)

What’s the difference?
Dental Health Maintenance Organization (DHMO)
Dental Point of Service (POS)

What’s the difference?
HealthNet PPO (in network)
• MANDATORY contribution, on a pre-tax basis, 7.5% of wages to a Defined Contribution Plan (DCP) account such as Safe Harbor beginning the first day of an eligible appointment. You may withdraw (taxes apply) or transfer these funds to another retirement account when your appointment ends with the University. The mandatory contribution does not apply to postdocs who are not residents for tax purposes. Residency will apply when you are in the U.S. for two years, after which you contribute to the DCP.

• Have access to voluntary After-Tax DCP Account, Tax-Deferred 403(b) Plan and 457(b) Deferred Compensation Plan.

Postdoc Scholar-Fellows and Postdoc Scholars Paid Direct

• Postdoc Scholar-Fellows and Postdoc Scholar-Paid Direct are not eligible to participate in UC retirement plans.

Per the Union contract, your faculty sponsor is your “Supervisor” Responsibilities of your supervisor include:

- Appointment decision
- Performance management
- Mentoring
Length of Appointment (PD Employee)

All initial appointments must be for a minimum of one (1) year. Reappointments are issued for a minimum of two years unless:

- Funding is less than two years
- Project is less than two years
- Work/Visa limitations (e.g. J-1 Visa requirements)

Total postdoc service is no more than 5 years or 6 with exception

Length of Appointment (PD Fellow and Paid Direct)

Appointments are for the duration of funding
Progress Assessment

Your supervisor must conduct one written annual review per the Union contract

Meet with your faculty sponsor on a regular basis

You should never be surprised with the content of your evaluation
Individual Development Plan (IDP)

Identifies goals of the postdoc and expectations of the supervisor

Provides communication link between postdoc and supervisor

Safeguards against unexpected reviews

My IDP Science Careers: https://myidp.sciencecareers.org/

Imagine PhD: a career exploration and planning tool for the humanities and social sciences

https://www.imaginephd.com/

Contract includes standard 13 paid UC holidays

If required to work on a holiday, a postdoc may request another day off (best done via email for your records)

Academic Calendar:

Eligibility for pay during time off for Postdoctoral Scholar Fellows and Postdoctoral Scholars Pay Direct is dependent on the funding agency.

All postdocs get 24 days per year of time off to use at any time in one-day increments (PTO or Personal Time Off), in addition to the 13 paid holidays.

Unused time off cannot be carried forward to another contract year and cannot be paid out.

Record keeping for time off varies from unit to unit. Check with your department administrator for details.

COVID-19 Related Leaves:
Postdoctoral scholars are eligible for 12 days of sick leave per 12-month appointment.

Can be used for absence due to personal or family illness.

All 12 days are available for use as of the appointment begin date.

Unused sick leave can be carried forward to other appointments (beyond postdoc), such as ladder-rank professor or researcher, at another UC campus.
All new parents are eligible for four weeks of Paid Parental Leave, which can be used all at once or in increments any time within the first year after the birth or placement of a child (adoption).

The University provides 12 unpaid weeks of Family and Medical Leave (FML) that can be used as parental leave for birth or placement of a child. Before taking unpaid parental leave, a Postdoctoral Scholar must exhaust all Personal Time Off (PTO) and their Paid Parental Leave.

Birth mothers are also eligible to use Short Term Disability insurance paid at 70% of salary for Pregnancy Disability Leave.
Compensation level is based on the NIH National Research Service Award (NRSA) salary scale which is based on years of experience steps.

Postdocs can be paid more than the minimum level.

PIs must give at least 2% increase upon reappointment or upon appointment anniversary date.
**TABLE 23**
Postdoctoral Scholar - Employee
Postdoctoral Scholar - Fellow
Postdoctoral Scholar - Paid Direct
Interim Postdoctoral Scholar - Employee

POSTDOCTORAL SCHOLAR EXPERIENCE-BASED SALARY/STIPEND MINIMUM
FISCAL YEAR
SALARY SCALE

<table>
<thead>
<tr>
<th>Experience Level</th>
<th>3/1/2020</th>
<th>3/1/2021</th>
<th>2/1/2021</th>
<th>2/1/2021</th>
<th>Salary Plan, Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 0 (0 - 11 months)</td>
<td>$53,460</td>
<td>$4,455.00</td>
<td>$54,540</td>
<td>$4,545.00</td>
<td>T023, Grade L0</td>
</tr>
<tr>
<td>Level 1 (12 - 23 months)</td>
<td>$55,596</td>
<td>$4,633.00</td>
<td>$56,712</td>
<td>$4,726.00</td>
<td>T023, Grade L1</td>
</tr>
<tr>
<td>Level 2 (24 - 35 months)</td>
<td>$57,456</td>
<td>$4,788.00</td>
<td>$58,608</td>
<td>$4,884.00</td>
<td>T023, Grade L2</td>
</tr>
<tr>
<td>Level 3 (36 - 47 months)</td>
<td>$59,580</td>
<td>$4,965.00</td>
<td>$60,780</td>
<td>$5,065.00</td>
<td>T023, Grade L3</td>
</tr>
<tr>
<td>Level 4 (48 - 59 months)</td>
<td>$61,800</td>
<td>$5,150.00</td>
<td>$63,036</td>
<td>$5,253.00</td>
<td>T023, Grade L4</td>
</tr>
<tr>
<td>Level 5 (60 - 71 months)</td>
<td>$64,008</td>
<td>$5,334.00</td>
<td>$65,292</td>
<td>$5,441.00</td>
<td>T023, Grade L5</td>
</tr>
</tbody>
</table>

NOTES:
1) Salary Plan, Grade is for use in UCPath only.
2) Rates listed above are minimum rates paid for Experience Level.
3) Appointment to Postdoctoral Scholar, Experience Level 5, is by exception.
### TABLE 23N
Postdoctoral Scholar - Employee (Non-Exempt)

**POSTDOCTORAL SCHOLAR EXPERIENCE-BASED HOURLY-RATE**

**MINIMUM**

**FISCAL YEAR**

**SALARY SCALE**

<table>
<thead>
<tr>
<th>Experience Level</th>
<th>2/9/2020 Hourly</th>
<th>2/7/2021 Hourly</th>
<th>Salary Plan, Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 0 (0 - 11 months)</td>
<td>$25.61</td>
<td>$26.13</td>
<td>T23N, Grade L0</td>
</tr>
<tr>
<td>Level 1 (12 - 23 months)</td>
<td>$26.63</td>
<td>$27.17</td>
<td>T23N, Grade L1</td>
</tr>
<tr>
<td>Level 2 (24 - 35 months)</td>
<td>$27.52</td>
<td>$28.07</td>
<td>T23N, Grade L2</td>
</tr>
<tr>
<td>Level 3 (36 - 47 months)</td>
<td>$28.54</td>
<td>$29.11</td>
<td>T23N, Grade L3</td>
</tr>
<tr>
<td>Level 4 (48 - 59 months)</td>
<td>$29.60</td>
<td>$30.19</td>
<td>T23N, Grade L4</td>
</tr>
<tr>
<td>Level 5 (60 - 71 months)</td>
<td>$30.66</td>
<td>$31.28</td>
<td>T23N, Grade L5</td>
</tr>
</tbody>
</table>

**NOTES:**
1) Salary Plan, Grade is for use in UCPATH only.
2) Rates listed above are minimum hourly rate paid for Experience Level.
3) Appointment to Postdoctoral Scholar, Experience Level 5, is by exception.
UAW 5810 Postdoctoral Scholar Unit (Postdoc) Contract

http://uaw5810.org/know-your-rights/contract/

Academic Personnel Office

http://apo.berkeley.edu/

Visiting Scholar and Postdoc Affairs

vspa.berkeley.edu

New Employee Checklists:

https://regionalservices.berkeley.edu/brs-central-services/onboarding-newly-hired-berkeley-employees/starting-new-job-uc-berkeley
Thank you for attending today’s orientation!